

Register your school for *Breaking the Silence*

www.whiteribbon.org.au/breaking-silence-program/

Registration Process

1. School submits online Expression of Interest (EOI)
2. Principal completes registration form
3. Participants complete survey
4. White Ribbon Schools Team processes registration, Welcome Pack, and access to Online Portal

Not in a region for the current program?

Submit an EOI to find out about future opportunities.

"I believe White Ribbon training should be mandatory for all staff. We all need to be more aware of the prevalence of violence in society and more particularly within our school communities... Perhaps White Ribbon training will make us more aware of what we say, how we act, what we teach and how we interact."

SECONDARY SCHOOL, MELBOURNE VIC



Awards



National Finalist,
Outstanding Organisation Award, 2013
National Finalist, Social Impact Award, 2015



National Award Winner,
Play Your Part Award, 2014



State and Territory Award Winner, 2013

Sponsors



MYER



suzannegrae

White Ribbon Schools Team

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Find out what *Breaking the Silence* is like for schools around Australia:



"[Breaking the Silence] provided a platform for me to deliver respectful relationship information and training for staff and students.

The issue is at the forefront of people's minds and the program has opened up the discussion channels and taken away the stigma that we don't talk about men's violence against women."

PRIMARY SCHOOL, LIMESTONE COAST SA

BRE^WAKING THE SILENCE

SCHOOLS PROGRAM

A free, award-winning professional learning program for principals and school leaders.

White Ribbon can support you to embed models of respectful relationships in your school culture and classroom activities.



 White Ribbon
Australia

Breaking the Silence Schools Program

Breaking the Silence is a free, award-winning professional learning program for principals and school leaders.

Delivered across two years, it provides foundational knowledge, tools and strategies to strengthen a culture of respect and equality at all levels of the school community.

Why participate?

- Safer, more respectful and inclusive schools
- Calmer classrooms and more productive schools
- Increased awareness and understanding of violence against women and principles of gender equality
- Reduction in violence supportive attitudes and behaviours
- Evidence-based and evaluated program with proven capacity to result in long-term positive cultural change
- Supported by Departments of Education across Australia
- Supportive not additive – builds on and integrates with initiatives already underway in schools
- Adaptable to individual school needs, resources, and context

Why is violence against women a schools issue?



In Australia, one in four children are exposed to domestic violence.

Australian Domestic and Family Violence Clearinghouse. (2011). *The Impact of Domestic Violence on Children: A Literature Review*. Retrieved from: <http://www.adfvc.unsw.edu.au/documents/ImpactofDVonChildren.pdf> p.3-4



Increased risk of mental health, behavioural and learning difficulties from childhood exposure to intimate partner violence.

Richards, K. (2011). Children's exposure to domestic violence. *Trends and Issues in Crime and Criminal Justice*. No 419. Canberra, Australia: Australian Institute of Criminology. Retrieved from: http://www.aic.gov.au/media_library/publications/tandi_pdf/tandi419.pdf

YEAR 1

Term 1: Registration

1-2 participants (Principal/Executive and Teacher)

Term 2: eLearning (1 hour online)

Getting started:

- Explore the issue of violence against women and violence prevention
- Respectful relationships education in schools

Term 3: Workshop 1 (4.5 hours face-to-face)

Creating a White Ribbon School:

- Recap the issue
- Explore best practice principles and practical tools
- Plan for your school community

Term 4: White Ribbon Day

- Host activities with school community

YEAR 2

Term 4: Workshop 2 (4.5 hours face-to-face)

Embedding *Breaking the Silence*:

- Reflect on and share learnings
- Explore future directions and support
- Plan for the future

Ongoing engagement: White Ribbon support

- Online Portal with access to an online library of best practice resources, an online forum, and eLearning
- Access to White Ribbon Ambassador support
- Event support
- Opportunities to showcase your school activities

“Facilitators were great and had a deep knowledge and understanding of the concepts of the program and how to implement it into schools.”

SECONDARY SCHOOL, LACHLAN REGION NSW

Q&A

How much does it cost?

Breaking the Silence is delivered **free of charge** to schools.

Who is it for?

The Program is suitable for both **primary** and **secondary** schools, represented by two participants per school on average (eg **Principal/Executive** and **teacher**).

What is involved?

Participants complete **10 hours** of professional learning across 2 calendar years. Schools will run White Ribbon activities as part of existing initiatives, tailored to their local context and needs.

What is a White Ribbon School?

A school that has completed *Breaking the Silence*. White Ribbon Schools gain **exclusive** recognition and communication resources upon completion, being a strong symbol for safe, equitable workplaces and vehicles for community change.

Visit the website for more information:

www.whiteribbon.org.au/breaking-silence-program

“The workshop presented constructive strategies to meaningfully assist students in becoming future leaders in gender equality and in establishing respectful relations with themselves and by extension others (and their community).”

PRIMARY SCHOOL, NORTHERN NSW